

Week 1

Spiritual Growth (1)

Listening To God

Our first learning cycle for 2010 will focus on Spiritual Growth. We want to encourage you to be intentional about setting specific, achievable, relevant personal growth goals. Transformation and growth is a cooperative process where we set our minds and hearts on “things above” and God’s Spirit works in us to mold our thoughts and actions to conform to his will. The Scriptures say...

“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God-this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is-his good, pleasing and perfect will.” – Rom 12:1-2

Over the next six weeks we invite you to use the tools in this journal to prayerfully and patiently discern God’s will concerning your spiritual growth needs this year. We believe that if we seek God, he will reveal those places in our lives that need strengthening and growth.

This Week:

- Dedicate time to reflect on the past year, asking:
 - *In what ways did I grow last year?*
 - *What goals did I set for myself, do I need to set?*
- ***Spend time daily*** in prayer specifically asking, *“Father, please show me those places in my life that need healing, strength, and growth. Help me to understand your will for my life.”*
- ***Be Silent*** – calm your mind and spirit, listen for God to speak.
- ***Be Patient.*** Don’t rush to set goals yet, first spend the week in prayer & silence, allow God to set your goals.

Week 1

Jan 3-9

<i>Sun</i>	<i>What specific action can you do this week related to your growth goals?</i>			<i>3</i>
<i>Mon</i>	Gen 1,2	Mark 1	Psa 1	<i>4</i>
<i>Tue</i>	Gen 3,4	Mark 2	Psa 2	<i>5</i>
<i>Wed</i>	Gen 5,6	Mark 3	Psa 3	<i>6</i>
Nicole Odom				
<i>Thr</i>	Gen 7,8	Mark 4	Psa 4	<i>7</i>
<i>Fri</i>	Gen 9	Mark 5	Psa 5	<i>8</i>
<i>Sat</i>				<i>9</i>